



# Young Adult Intensive

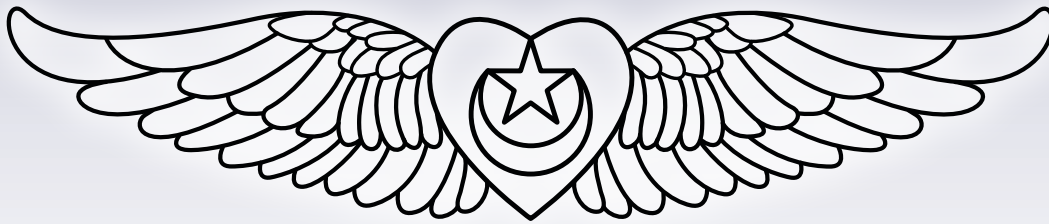
with Shahabuddin Less

5102 Swift Rd. Sarasota, 34231

August 16th - August 20th 2010  
10 am - 1 pm, Monday through Friday

Rising Tide International, Sarasota FL

Dive into the truth of who you really are. Join Shahabuddin and friends for a weeklong journey into the depths of life and the soul. We will sing, dance, play and pray, as we share in the joy of exploring what it means to be a truly awakened human being.



\$125

Please register by August 1.

For more information, please contact Casey at 512.627.2592 or [caseybledsoe@gmail.com](mailto:caseybledsoe@gmail.com)



SHAHABUDDIN DAVID LESS is a Senior Teacher in the Sufi Order International and the director of Rising Tide International, a spiritual center in Sarasota, FL dedicated to the transformation of consciousness by awakening the heart. Shahabuddin's generosity, compassion and joyful spirit have made him an inspiration to seekers all over the world. He delights in working with young people and travels extensively teaching meditation, spiritual practice and the art of being a fully alive, awake and whole human being.