



## Rising Tide International Spiritual Center

941-923-7834/ [www.RisingTideInternational.org](http://www.RisingTideInternational.org)  
5102 Swift Road Sarasota, FL 34238

### Schedule of Recurring Activities

Sundays 10:30 - 11:30 AM	Universal Worship Service
1 <sup>st</sup> & 3 <sup>rd</sup> Sundays in November, call	Rumi Studies
Monday 6:00 - 7:00 PM	Open Meditation Class
Tuesday evenings 7:30 - 8:30 pm	Class on Spiritual Liberty and training of the ego. As of October 2008 All classes can be listened to LIVE by telephone or posted online.
1st Tuesday of the month 7:30 PM	Dances of Universal Peace
Wednesday 6:00 - 7:00 PM	Open Meditation Class
Thursday evenings 7:30 PM	Zikr - Sufi practice of Remembrance through Sacred sounds.
Thursday evenings 6:30PM	Gatha class, Readings from the writings and teachings of Hazrat Inayat Khan

### NOVEMBER EVENT DETAILS

**Ten Degrees of Separation: with Anna Less**  
**A Workshop Exploring the Soul's Journey**  
**Nov 14th -15th, Saturday 10:00 – 5:00 & Sunday 9:30 – 4:00**

Healing paths of the East and West recognize that the soul passes through ten major stages of separation and transformation in its journey from conception to death. These transformative stages develop the lens of the ego through which all subsequent experiences are interpreted.

When difficulties occur as this lens is developing, it distorts our ability to see our true being and causes us to recreate and interpret our lives in relationship to our wounds. Identifying these stages and the effects of our wounds, offers us powerful tools that enable us to experience who we truly are.

**Deep Healing Yoga Retreat with Cheryl Kaiser: November 7th 1:30- 4:00**

Experience practices to release stress, soften, create space within to allow healing and purification. The main practice is Yoga Nidra which has been known for thousands of years by the sages and yogis. It is a unique combination of alert awareness in the deep sleep state which is very relaxing with the main aim of purifying the Samskaras or deep impressions.

\$25 Pre-register by Oct 31st, \$35 after. Contact: 941-320-9867

**A 12 hour Music, Dance and Poetry Festival to benefit Rising Tide International**  
**Saturday, November 21st Noon to Midnight**

Hosted by Hashim Todd Pease: for more information or to inquire about performing  
Contact him at 504 7208 or [misterstarbody@gmail.com](mailto:misterstarbody@gmail.com)

**Rummage Sale, Sat 21st 8-2:00pm**

Contact: Kismet Weeber to bring items or volunteer, 941-330-1783 [Kismetshanta33@earthlink.net](mailto:Kismetshanta33@earthlink.net)

## Rising Tide International Events: Year at a Glance

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### November:

**Anna Less Seminar** Fri 13th – Sun 15<sup>th</sup>  
Contact: Tara Anne Muir

**Deep Healing Yoga Retreat with Cheryl Kaiser**  
November 7th 1:30- 4:00  
Contact: Cheryl Kaiser

**Rummage Sale**, Sat 21<sup>st</sup> All Day  
Contact: Kismet Weeber

**12 hr Festival, Sat 21<sup>st</sup> 12Pm to 12 Am**  
Contact: Hashim Todd Pease

### December:

**Discovering Happiness with Sharif Graham**  
Saturday Dec 5th  
Contact: Tara Anne Muir

**Spiritual Caregivers**, Tues 8th – Sun 13th  
Contact: Tara Anne Muir

**Shahabuddin's birthday party**, Dec 13th  
Contact: Kismet Weeber

**Rumi Urs**, Dec 17th  
Contact: - Arsalaan Fay

### January:

**Aziza Scott workshop**, Sat 9th – Sun 10th  
Contact: Tara Anne Muir

**Murshid Sam's Urs**, Fri 15th  
Contact: Subhan Jim Dawson

**Kabir's constellation workshop**  
Sat 23rd – Sun 24th  
Contact: Aisha Carol Rosenbaum

### February:

**Nur Al Haq Richard Martin**, Thurs 4th – Sun 7th  
Contact: Casey Bledsoe

**HIK Urs** with Shahabuddin  
Fri 5th evening Contact: Casey Bledsoe

**Pir Zia: The Path of the Heart**  
Fri 19 th - Sunday 21st  
Contact: Tara Anne Muir

### March:

**Jo and Patricia Seminar**  
Fri March 5, Sat March 6, Sun March 7  
Contact: Jo Mooy

**Robin Becker Movement seminar**  
Fri, March 19th – Sat. March 20 - 21<sup>st</sup>  
Contact: Cheryl Kaiser

### April:

**More Love of Rumi**, Sat 10th  
Contact: Arsalaan Fay

**Shahabuddin Sufi Dance Seminar**  
April Fri 16th – Sun 18th  
Contact: Tara Anne Muir

### May:

**Rabbi Waskow**, Thurs May 6th –May 9th  
Contact: Yasmin

### CONTACT INFO

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